

About the National Health Service data opt out service

Aspirations holds information about you.



This information can also be called data.

It is personal to you and we need to make sure it is kept safe.



If you became unwell, we may need to share this information with your doctor.

Or at a hospital.



This is okay because its allowed within the law.



It makes sure you get the right care and treatment you need.



We will always check you are happy for us to share this first.

This is called consent.



The National Health Service are changing some things about how they use your data.

This is because sometimes they share data about patients with other agencies.



They do this for different reasons.

Information collected about people when they use the NHS can also be used for purposes beyond their care.

This could be for things like research, improving standards, improving safety.



This can be very helpful in different ways.



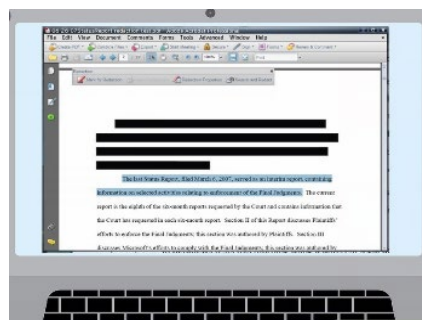
It can help others, including friends and family.



This information is usually anonymised.



That means you can't be identified because they will blank out your name.



The opt out scheme means you can say no to having this information shared.

This is because the NHS are checking whether patients are happy or not for this to happen.

The NHS will make a record of this on your hospital records.

This is so the NHS don't use your data this way in the future.

Your information will still be shared between NHS and care staff to treat you if you are ill.



If you want to find out more or opt out we have changed our privacy notices.



The privacy notices provide more information and links to the NHS UK website.



Here are the links to opt out.

www.nhs.uk/your-nhs-data-matters.

You can also find out more about how patient information is used at:

<https://www.hra.nhs.uk/information-about-patients/> (which covers health and care research); and

<https://understandingpatientdata.org.uk/what-you-need-know>

Your staff can help you to do this.



If you choose to opt out then we will update your support and health plans.

